

Zambia

FP2030 Indicator Summary Sheet: 2024 Measurement Report

Modern Contraceptive Use and Need

Source : Family Planning Estimation Tool (FPET)

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
All Women	Total users of modern methods of contraception*												
	1,080,000	1,160,000	1,230,000	1,290,000	1,350,000	1,420,000	1,490,000	1,570,000	1,650,000	1,730,000	1,820,000	1,900,000	1,990,000
	Modern contraceptive prevalence rate (mCP)												
	30.7%	31.7%	32.3%	32.9%	33.3%	33.7%	34.1%	34.7%	35.3%	35.8%	36.3%	36.9%	37.4%
	Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)												
20.0%	19.1%	18.6%	18.1%	17.8%	17.6%	17.4%	17.1%	16.8%	16.5%	16.3%	16.0%	15.9%	
Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)													
60.5%	62.3%	63.5%	64.5%	65.1%	65.7%	66.2%	67.0%	67.7%	68.4%	69.1%	69.9%	70.4%	

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
Married Women	Total users of modern methods of contraception												
	880,000	940,000	990,000	1,030,000	1,070,000	1,120,000	1,160,000	1,210,000	1,250,000	1,310,000	1,360,000	1,420,000	1,470,000
	Modern contraceptive prevalence rate (mCP)												
	42.9%	44.7%	45.6%	46.2%	46.8%	47.2%	47.6%	48.4%	49.0%	49.9%	50.7%	51.5%	52.2%
	Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)												
26.8%	25.5%	24.4%	23.6%	23.0%	22.4%	21.8%	21.5%	21.1%	20.7%	20.3%	20.0%	19.6%	
Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)													
61.6%	63.7%	65.1%	66.2%	67.1%	67.9%	68.5%	69.3%	70.0%	70.7%	71.4%	72.0%	72.7%	

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
Unmarried Women	Total users of modern methods of contraception												
	190,000	210,000	230,000	250,000	280,000	300,000	330,000	360,000	390,000	420,000	450,000	490,000	520,000
	Modern contraceptive prevalence rate (mCP)												
	13.5%	13.9%	14.5%	15.2%	15.9%	16.5%	17.1%	17.8%	18.4%	19.1%	19.6%	20.3%	21.0%
	Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)												
10.5%	10.5%	10.6%	10.9%	11.1%	11.4%	11.7%	11.7%	11.6%	11.5%	11.4%	11.4%	11.4%	
Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)													
56.2%	57.0%	57.8%	58.2%	58.8%	59.0%	59.3%	60.4%	61.4%	62.4%	63.4%	64.1%	65.0%	

Impacts of Modern Contraceptive Use among All Women

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
Number of unintended pregnancies averted due to modern contraceptive use													
410,000	430,000	460,000	490,000	510,000	530,000	560,000	590,000	620,000	650,000	680,000	720,000	750,000	
Number of unsafe abortions averted due to modern contraceptive use													
82,000	109,000	92,000	98,000	102,000	107,000	112,000	118,000	124,000	131,000	137,000	144,000	150,000	
Number of maternal deaths averted due to modern contraceptive use													
430	450	490	520	540	570	600	630	660	690	730	760	800	

Couple Years of Protection (CYPs)												Calculated from routine service provision data	
Source	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	
DHS2	---	---	---	---	---	1,676,032	1,700,684	1,859,869	1,222,676	1,817,289	1,907,363	2,188,009	

Fertility Outcomes

	Value	Source
Adolescent birth rate (per 1000 women 15-19)	135	2018 DHS
Percent of births that are unintended	41%	2018 DHS

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
Estimated Number of Unintended Pregnancies													
410,000	470,000	420,000	420,000	430,000	440,000	440,000	450,000	460,000	460,000	470,000	480,000	490,000	

Contraceptive Use, Availability, and Discontinuation by Method

Modern Contraceptive Method Mix			
Long-Acting and Permanent Methods	Sterilization (female)	2.6%	Source 2018 DHS
	Sterilization (male)	0.0%	
	IUD	1.5%	Population All Women
	Implant	17.9%	
Short-Term Methods	Injectable	52.9%	
	Pill	14.4%	
	Condom (Male)	8.8%	
	Condom (Female)	0.0%	
	LAM	1.2%	
Standard Days method	0.0%		
Other Modern Methods	0.6%		

Percentage of facilities stocked out, by method offered, on the day of assessment			
Long-Acting and Permanent Methods	Sterilization (female)	4.7%	Source UNFPA SDP Survey
	Sterilization (male)	9.5%	
	IUD	31.3%	Year 2020
	Implant	28.9%	
Short-Term Methods	Injectable	15.2%	
	Pill	16.6%	
	Condom (Male)	8.5%	
	Condom (Female)	44.1%	
Emergency Contraception	74.9%		
Other modern methods	---		

	Value	Source	Year
Percentage of primary SDPs that have at least 3 modern methods of contraception available on day of	56%	UNFPA SDP Survey	2020
Percentage of secondary/tertiary SDPs with at least 5 modern methods of contraception available on	93%	UNFPA SDP Survey	2020

Contraceptive Discontinuation Rates and Method Switching (first 12 months)**						
	IUD	Implant	Injectable	Pill	Condom (male)	Source
Discontinuation while in need		7.1%	19.5%	25.7%	14.4%	2018 DHS
Discontinuation while not in need		2.3%	10.4%	14.4%	13.2%	
Total discontinuation (all reasons)		11.6%	34.0%	51.3%	45.2%	
Switching to a different method		2.2%	3.8%	11.1%	16.7%	

Contraceptive Services and Decision-Making

	Value	Source	Population
Method Information Index**	69%	2018 DHS	All Women
Percentage of women who received family planning information during a contact with a health service provider **	29%	2018 DHS	All Women
Percent of current modern contraceptive users who last obtained their family planning method from each source (All Methods) **		2018 DHS	---
Public	89%		
Private Medical	9%		
Other	2%		
Percentage of women who decided to use family planning alone or jointly with their husbands/partners **	89%	2018 DHS	---

Investment in Family Planning

	Value	Year	Source
Annual expenditure on family planning from government domestic budget (USD \$)	\$41,560,937	2022	FPSA

Traditional Contraceptive Use

Source : Family Planning Estimation Tool (FPET)

Traditional Contraceptive Use did not meet the reporting threshold (tCP among Married Women >5% in 2023) and so is not reported for this country.

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
All Women	---	---	---	---	---	---	---	---	---	---	---	---	---
Married Women	---	---	---	---	---	---	---	---	---	---	---	---	---
Unmarried Women	---	---	---	---	---	---	---	---	---	---	---	---	---

Notes

--- indicates no data post 2012 was available

* Total Users among Married Women and Unmarried Women will not sum exactly to the Total Users among All Women

** Additional disaggregation or details available in the full data set.