

Cameroon

FP2030 Indicator Summary Sheet: 2024 Measurement Report

Modern Contraceptive Use and Need

Source : Family Planning Estimation Tool (FPET)

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
All Women	Total users of modern methods of contraception*												
	810,000	860,000	900,000	930,000	950,000	970,000	990,000	1,040,000	1,110,000	1,170,000	1,240,000	1,310,000	1,380,000
	Modern contraceptive prevalence rate (mCP)												
	16.4%	16.8%	17.1%	17.0%	16.8%	16.6%	16.5%	16.9%	17.3%	17.8%	18.3%	18.7%	19.2%
	Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)												
24.4%	24.1%	23.6%	23.0%	22.3%	21.6%	21.0%	20.6%	20.2%	19.9%	19.5%	19.2%	18.7%	
Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)													
40.1%	41.1%	41.9%	42.5%	43.0%	43.5%	44.0%	45.1%	46.2%	47.3%	48.4%	49.4%	50.6%	

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
Married Women	Total users of modern methods of contraception												
	440,000	460,000	480,000	500,000	510,000	530,000	540,000	570,000	590,000	630,000	660,000	690,000	730,000
	Modern contraceptive prevalence rate (mCP)												
	14.4%	14.7%	14.9%	15.1%	15.2%	15.4%	15.5%	16.0%	16.6%	17.2%	17.7%	18.4%	19.0%
	Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)												
31.7%	31.0%	30.2%	29.4%	28.5%	27.8%	27.1%	26.7%	26.4%	26.1%	26.0%	25.7%	25.2%	
Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)													
31.3%	32.1%	33.1%	33.9%	34.8%	35.6%	36.5%	37.6%	38.6%	39.8%	40.8%	42.0%	43.0%	

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
Unmarried Women	Total users of modern methods of contraception												
	370,000	390,000	420,000	430,000	430,000	440,000	450,000	470,000	500,000	540,000	570,000	600,000	640,000
	Modern contraceptive prevalence rate (mCP)												
	19.6%	20.0%	20.3%	19.6%	19.0%	18.3%	17.8%	18.0%	18.3%	18.5%	18.7%	18.9%	19.2%
	Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)												
12.5%	12.9%	13.3%	13.1%	13.0%	12.8%	12.6%	12.3%	12.0%	11.8%	11.5%	11.2%	11.0%	
Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)													
61.0%	60.8%	60.5%	60.0%	59.6%	58.9%	58.6%	59.3%	60.2%	61.0%	61.9%	62.6%	63.6%	

Impacts of Modern Contraceptive Use among All Women

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
Number of unintended pregnancies averted due to modern contraceptive use													
280,000	290,000	310,000	320,000	330,000	330,000	340,000	360,000	380,000	400,000	430,000	450,000	480,000	
Number of unsafe abortions averted due to modern contraceptive use													
77,000	81,000	86,000	88,000	90,000	92,000	94,000	99,000	105,000	111,000	117,000	124,000	131,000	
Number of maternal deaths averted due to modern contraceptive use													
960	1,000	1,000	1,100	1,100	1,100	1,100	1,200	1,300	1,300	1,400	1,500	1,600	

Couple Years of Protection (CYPs)

Calculated from routine service provision data

Source	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023
DHS2	---	---	---	---	---	---	---	---	465,448	529,982	456,267	361,589

Fertility Outcomes

	Value	Source
Adolescent birth rate (per 1000 women 15-19)	122	2018 DHS
Percent of births that are unintended	23%	2018 DHS

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
Estimated Number of Unintended Pregnancies													
330,000	330,000	340,000	350,000	360,000	370,000	370,000	380,000	380,000	390,000	390,000	390,000	390,000	400,000

Contraceptive Use, Availability, and Discontinuation by Method

Modern Contraceptive Method Mix			
Long-Acting and Permanent Methods	Sterilization (female)	1.3%	Source 2018 DHS
	Sterilization (male)	0.0%	
	IUD	4.4%	Population All Women
	Implant	12.6%	
Short-Term Methods	Injectable	19.5%	
	Pill	6.3%	
	Condom (Male)	52.2%	
	Condom (Female)	0.0%	
	LAM	0.0%	
Standard Days method	0.0%		
Other Modern Methods	3.8%		

Percentage of facilities stocked out, by method offered, on the day of assessment			
Long-Acting and Permanent Methods	Sterilization (female)	0.0%	Source UNFPA SDP Survey
	Sterilization (male)	0.0%	
	IUD	1.0%	Year 2020
	Implant	4.0%	
Short-Term Methods	Injectable	13.0%	
	Pill	10.0%	
	Condom (Male)	59.0%	
	Condom (Female)	n/a	
	Emergency Contraception	0.0%	
Other modern methods	12.0%		

	Value	Source	Year
Percentage of primary SDPs that have at least 3 modern methods of contraception available on day of	60%	UNFPA SDP Survey	2022
Percentage of secondary/tertiary SDPs with at least 5 modern methods of contraception available on	84%	UNFPA SDP Survey	2022

Contraceptive Discontinuation Rates and Method Switching (first 12 months)**						
	IUD	Implant	Injectable	Pill	Condom (male)	Source
Discontinuation while in need	---	---	---	---	---	
Discontinuation while not in need	---	---	---	---	---	
Total discontinuation (all reasons)	---	---	---	---	---	---
Switching to a different method	---	---	---	---	---	

Contraceptive Services and Decision-Making

	Value	Source	Population
Method Information Index**	51%	2018 DHS	All Women
Percentage of women who received family planning information during a contact with a health service provider **	19%	2018 DHS	All Women
Percent of current modern contraceptive users who last obtained their family planning method from each source (All Methods) **		2018 DHS	
Public	33%		
Private Medical	27%		---
Other	39%		
Percentage of women who decided to use family planning alone or jointly with their husbands/partners **	83%	2018 DHS	---

Investment in Family Planning

	Value	Year	Source
Annual expenditure on family planning from government domestic budget (USD \$)	\$819,419	2022	FPSA

Traditional Contraceptive Use

Source : Family Planning Estimation Tool (FPET)

Traditional Contraceptive Use did not meet the reporting threshold (tCP among Married Women >5% in 2023) and so is not reported for this country.

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
All Women	---	---	---	---	---	---	---	---	---	---	---	---	---
Married Women	---	---	---	---	---	---	---	---	---	---	---	---	---
Unmarried Women	---	---	---	---	---	---	---	---	---	---	---	---	---

Notes

--- indicates no data post 2012 was available

* Total Users among Married Women and Unmarried Women will not sum exactly to the Total Users among All Women

** Additional disaggregation or details available in the full data set.