

Tanzania

FP2030 Indicator Summary Sheet: 2024 Measurement Report

Modern Contraceptive Use and Need

Source : Family Planning Estimation Tool (FPET)

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
All Women	Total users of modern methods of contraception*												
	2,790,000	2,960,000	3,150,000	3,330,000	3,460,000	3,590,000	3,700,000	3,810,000	3,920,000	4,030,000	4,130,000	4,400,000	4,710,000
	Modern contraceptive prevalence rate (mCP)												
	25.0%	25.7%	26.4%	26.9%	27.0%	27.0%	26.9%	26.7%	26.6%	26.3%	26.1%	26.9%	27.8%
	Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)												
22.5%	22.4%	22.2%	22.1%	22.0%	21.8%	21.7%	21.6%	21.5%	21.5%	21.3%	21.0%	20.6%	
Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)													
52.7%	53.5%	54.3%	54.9%	55.2%	55.4%	55.3%	55.3%	55.2%	55.1%	55.1%	56.2%	57.5%	

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
Married Women	Total users of modern methods of contraception												
	2,030,000	2,160,000	2,290,000	2,420,000	2,520,000	2,600,000	2,670,000	2,740,000	2,810,000	2,880,000	2,970,000	3,140,000	3,330,000
	Modern contraceptive prevalence rate (mCP)												
	29.3%	30.3%	31.1%	31.8%	31.9%	31.8%	31.7%	31.6%	31.4%	31.3%	31.4%	32.3%	33.3%
	Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)												
28.9%	28.8%	28.7%	28.5%	28.3%	28.0%	28.0%	27.9%	27.8%	27.7%	27.5%	27.1%	26.7%	
Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)													
50.3%	51.2%	52.0%	52.7%	53.0%	53.1%	53.2%	53.1%	53.1%	53.1%	53.3%	54.3%	55.6%	

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
Unmarried Women	Total users of modern methods of contraception												
	760,000	800,000	850,000	900,000	940,000	980,000	1,010,000	1,060,000	1,090,000	1,120,000	1,140,000	1,240,000	1,340,000
	Modern contraceptive prevalence rate (mCP)												
	18.0%	18.5%	18.8%	19.2%	19.2%	19.1%	19.0%	19.0%	18.7%	18.5%	18.0%	18.8%	19.5%
	Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)												
11.8%	11.8%	11.8%	11.8%	11.8%	11.8%	11.8%	11.9%	12.0%	12.1%	12.3%	12.1%	11.9%	
Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)													
60.3%	61.1%	61.5%	61.9%	61.8%	61.7%	61.7%	61.4%	61.0%	60.6%	60.2%	61.1%	62.4%	

Impacts of Modern Contraceptive Use among All Women

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
Number of unintended pregnancies averted due to modern contraceptive use													
1,070,000	1,140,000	1,210,000	1,280,000	1,330,000	1,380,000	1,430,000	1,470,000	1,510,000	1,550,000	1,590,000	1,700,000	1,810,000	
Number of unsafe abortions averted due to modern contraceptive use													
275,000	284,000	310,000	328,000	341,000	353,000	365,000	375,000	386,000	397,000	407,000	434,000	464,000	
Number of maternal deaths averted due to modern contraceptive use													
2,100	2,200	2,300	2,500	2,600	2,700	2,700	2,800	2,900	3,000	3,100	3,300	3,500	

Couple Years of Protection (CYPs)												Calculated from routine service provision data	
Source	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
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Fertility Outcomes

	Value	Source
Adolescent birth rate (per 1000 women 15-19)	112	2022 DHS
Percent of births that are unintended	28%	2022 DHS

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
Estimated Number of Unintended Pregnancies													
1,010,000	1,030,000	1,090,000	1,120,000	1,150,000	1,180,000	1,200,000	1,230,000	1,250,000	1,270,000	1,300,000	1,320,000	1,330,000	

Contraceptive Use, Availability, and Discontinuation by Method

Modern Contraceptive Method Mix			
Long-Acting and Permanent Methods	Sterilization (female)	8.7%	Source 2022 DHS
	Sterilization (male)	0.0%	
	IUD	2.4%	Population All Women
	Implant	43.7%	
Short-Term Methods	Injectable	27.6%	
	Pill	8.3%	
	Condom (Male)	7.5%	
	Condom (Female)	0.0%	
	LAM	1.6%	
Standard Days method	0.0%		
Other Modern Methods	0.4%		

Percentage of facilities stocked out, by method offered, on the day of assessment			
Long-Acting and Permanent Methods	Sterilization (female)	28.9%	Source UNFPA SDP Survey
	Sterilization (male)	30.7%	
	IUD	34.1%	Year 2021
	Implant	12.2%	
Short-Term Methods	Injectable	16.4%	
	Pill	12.4%	
	Condom (Male)	21.2%	
	Condom (Female)	76.3%	
	Emergency Contraception	57.3%	
Other modern methods	---		

	Value	Source	Year
Percentage of primary SDPs that have at least 3 modern methods of contraception available on day of	63%	UNFPA SDP Survey	2021
Percentage of secondary/tertiary SDPs with at least 5 modern methods of contraception available on	62%	UNFPA SDP Survey	2021

Contraceptive Discontinuation Rates and Method Switching (first 12 months)**						
	IUD	Implant	Injectable	Pill	Condom (male)	Source
Discontinuation while in need		13.7%	31.0%	26.8%	13.0%	2022 DHS
Discontinuation while not in need		6.9%	15.6%	13.7%	16.4%	
Total discontinuation (all reasons)		17.7%	42.6%	41.1%	37.3%	
Switching to a different method		1.4%	5.4%	4.9%	7.5%	

Contraceptive Services and Decision-Making

	Value	Source	Population
Method Information Index**	59%	2022 DHS	All Women
Percentage of women who received family planning information during a contact with a health service provider **	23%	2022 DHS	All Women
Percent of current modern contraceptive users who last obtained their family planning method from each source (All Methods) **		2022 DHS	---
Public	89%		
Private Medical	11%		
Other	0%		
Percentage of women who decided to use family planning alone or jointly with their husbands/partners **	96%	2022 DHS	---

Investment in Family Planning

	Value	Year	Source
Annual expenditure on family planning from government domestic budget (USD \$)	\$2,360,190	2022	FPSA

Traditional Contraceptive Use

Source : Family Planning Estimation Tool (FPET)

Traditional Contraceptive Use met the reporting threshold (tCP among Married Women > 5% in 2022).

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
All Women	5.2%	5.2%	5.3%	5.3%	5.4%	5.4%	5.4%	5.4%	5.4%	5.4%	5.4%	---	---
Married Women	6.8%	6.7%	6.5%	6.4%	6.4%	6.4%	6.4%	6.4%	6.5%	6.5%	6.5%	6.4%	6.3%
Unmarried Women	2.6%	2.9%	3.3%	3.5%	3.6%	3.6%	3.6%	3.6%	3.7%	3.7%	3.8%	---	---

Notes

--- indicates no data post 2012 was available

* Total Users among Married Women and Unmarried Women will not sum exactly to the Total Users among All Women

** Additional disaggregation or details available in the full data set.